

BFA roles and role holders 2025

Sofa: Celia Dawson celiaanndawson@hotmail.com . From Jan 2026 Locana (Elizabeth English) hello@elizabethenglish.life / elizabeth@lifeatwork.co.uk & Colette colette_cameron@yahoo.co.uk . (Recent previous sofa people: Fiona Parr, Alison Thorpe, Kay Hoffmann, Peter Gill, Carolann Samuels, Helen Bower... and many more over previous years). *Have an overview of BFA, monitor emails, meet monthly, organise & chair AGM. Ensure quality of training, keep policies and procedures up to date. Complaints, ethical issues & mediation (may be allocated to separate volunteers).*

Treasurer: Bethany bethanyrivers77@hotmail.co.uk . *Oversee BFA's finances, book-keeping and budgeting, including two main accounts: BFA Main and BFA Events. Liaise with accountant James.*

Website administrator: Clare M clare@claremyatt.co.uk . *Monitor emails to info@focusing.org.uk and respond or refer, i.e., to webmaster for technical enquiries, sofa for management issues.*

Webmaster: Atulya atulyakbingham@protonmail.com (previously Robert Copperwhite and Ildiko Davis). *Monitor the BFA inbox (website@focusing.org.uk), respond to queries around use of the website, manage website errors with support from WebDesigner, manage Dropbox archive storage, upload newsletters and the updated index of articles, approve partner requests.*

Website designer: Patrick Woodcock patrick@patrickw.tech (non-member). *Patrick has document with specific website editing details.*

Website support advisory team: Amona Buechler amona@move-with-life.org Kay kayhoffmann1@gmail.com , Ildiko Davis ildiko.davis@yahoo.co.uk . *Feedback on text changes to the general information on BFA website.*

Newsletter Editor: Gordon Adam gordonAdam@blueyonder.co.uk . *Gather content and produce BFA newsletter with support from assistants.*

Event organiser volunteers: Spring gathering 2026: K2 simon@living-presence.co.uk , Paula Charnley, Marion W, Naomi S, Bethany. Focusing School 2025: MaryLouise Morris marylouise@btinternet.com & volunteer team (previously 2014 2011 Peter Gill, Kay Hoffmann, Peter Afford). *Organise venue, program, accommodation, budget, advertising, tickets, catering etc.*

Gagglemail Admin & BFA Certificates: Elizabeth Smith elizabeth.smith@counsellingspace.net *Keep gaggle email list up to date & provide certificate paper / templates for BFA Focusing Skills, Practitioner and Teacher Training.*

Membership Secretary: Sarah Paul sparula@gmail.com (previously Suzi MacKenzie). *Approve membership applications, renewals, cancellations, payments, assign buddies.*

Buddies: Paula Charnley, Harriet Brown, David Garlovsky, Susan Jordan, Ruth Friedman. *Buddy call to explain how BFA works, answer questions, be a friendly point of contact.*

Directors: Peter Afford pjafford@dircon.co.uk , Fiona Parr fiona@fionaparr-focusing.co.uk , Peter Gill info@livingfocusing.co.uk , Susan Jordon susanjord@gmail.com , Kay Hoffmann, Celia Dawson. *A legal requirement for BFA as a community interest company to have oversight of the organisation. Keep ethos of BFA and Focusing, ensure overall smooth running, liaise with Sofa.*